

Allendale East Area School Newsletter

Courage Excellence Respect



To build strong, diverse futures for all of our young people by providing quality education driven by needs, skill and aspirations.

SPORTS DAY HOUSE CAPTAINS & VICE CAPTAINS

Term 1 Week 4

2025

Congratulations to the following students that have been voted in by our student body to the leadership positions for our up and coming Sports Day.



Northumberland

Captains:

Ryleigh Atchison
Kanisha Miller

Vice Captains:

Jed Vanderheul
Zoe Vandepeer



Banks

Captains:

Tyrone Farrell
Taj Manning

Vice Captain:

Savanah Spencer
Oliver Bramley



Douglas

Captains:

Joshua Virgo
Ciara Henare

Vice Captains:

Emily Bowman
Brock Bowman

Our hearty congratulations to all of our leaders. We look forward to a great competition over the course of the next few weeks.

“The thrill of competition is rivalled only by the joy of self-improvement.”

IMPORTANT DATES

FEBRUARY

20/21 A Big Blue Boat - Susea Spray Author Visit
28 School Sports Day

MARCH

10 Adelaide Cup - Public Holiday
11 School Photos

MARCH

12-24 Naplan
14 Interschool Athletics

APRIL

11 End of Term 1
28 First Day of Term 2

Allendale Contact Information

Principal - Ms Kylie Smith

Assistant Principal - Ms Suzie Mitchell

Governing Council Chairperson - Mr Rodney Virgo

Phone: (08) 8738 7218

Fax: (08) 8738 7321

Office Hours: 8:15am - 4:00pm
dl.0751.info@schools.sa.edu.au

YEAR 6 SURVIVOR

Friday 7 February, Our Year 6 Class got the opportunity to be involved in the Survivor Challenge. We began with team picking. The groups were called Karate Meerkats, The Prehistoric Rizzlers and The Unique Skulls. Then we started the first challenge, Ping Pong. The winners of this challenge were The Karate Meerkats. Next we completed the sponge challenge. Claiming the win was The Prehistoric Rizzlers. After the sponge challenge we completed the cup stack claiming the challenge once again was The Prehistoric Rizzlers. For Recess we were provided muffins, fruit and lime cordial. The next challenge was the three-legged race, followed with the standing on one leg challenge. After that we had to complete a Puzzle which read *"This year we will grow together, through work and play. Support each other in every way. Show kindness, gratitude, and a positive attitude. Work as a team and you will see, just how easy, this can be!"*. Whilst all the teams were completing the puzzles each group had misplaced (stolen by staff) their idols. Unfortunately this caused all teams to lose 30 points. We were also supplied lunch which was a BBQ along with fruit and more cordial. After Lunch we had the ballon race, followed with the best part of the day THE SMILE CHALLENGE. We had to crawl through slime to find stars. We had to run back to our line covered in sticky slime, followed by showers and then a presentation of the winners. First place was The Karate Meerkats with 215 points, second place The Prehistoric Rizzlers with 190 Points and third place The Unique Skulls with 180 points.

Year 6 Students Taya and Kade



COTTAGES 4 COUNTRY CARE

It's been 5 years, but **The Bay Festival** is back and is shaping up to be an exciting community event for all ages. This year **Cottages 4 Country Care** will be hosting an inflatable Mascot Race as their major fundraiser. Some of our very own staff have been busy collecting donations and selling raffles tickets and will be running in this year's event. Money raised goes towards the charity Cottages 4 Country Care which **provides accommodation for country families requiring medical treatment in Adelaide**. SSOs Elivia Stanley will be dressed as the Sea Star, Sarah Ritter as the Bunny Rabbit, former SSO Carla Doody as the Unicorn and AEAS parent & canteen volunteer Lina Bernardi will be dressed as the Axolotl. Another 4 volunteers will also be participating as a Cow, T-Rex, Clown and a Shark. **Gates open for the Bay Festival at 11:00am, this Saturday 22 February** and the Mascot Race begins at 1:45pm. Come down to watch all the fun and cheer on our AEAS volunteers. Entry for children under 12 is free, see bayfestival.com.au for more details. **If you would like to support this fundraiser by purchasing raffle tickets, follow Cottages 4 Country Care - South East or contact Kylie Hales on 0428 143 950.**



BAYSIDE FESTIVAL

We are thrilled to invite you to **The Bay Festival on Saturday, 22 February 2025**, where our school community has joined forces with Out of School Care and Kirniari Kindy for a day filled with joy and excitement. This collaborative event promises to be a highlight, offering a wide array of activities and attractions for all ages.

Come and enjoy our **free 'Giant Games'**, where laughter and fun are guaranteed. Whether you're strategising your next move or simply enjoying the spectacle, these games are sure to entertain. While you're there, why not add a splash of colour with a **temporary tattoo** or create magical moments with a **bubble wand**?

For the little ones, we have a **lucky dip box** filled with surprises that are sure to bring smiles. And don't miss our **raffle**, featuring a fantastic selection of prizes that could be yours. It's a wonderful opportunity to support our community while having a chance to win something special.

If you are able to assist in any way, your help would be greatly appreciated. Please reach out to **Mel Reed** at the school on **8738 7218**. Your support will contribute to making this event a resounding success.

We look forward to welcoming you to a day of fun, friendship, and community spirit. See you there!

YEAR 4/5 WELLBEING - LEAH DOWDELL & THOMAS MALE

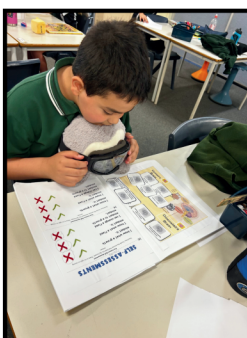
Year 4/5 Students have been welcomed into the 2025 school year with a strong wellbeing focus on Setting Up for Success, incorporating Trauma Informed Practice, Brain Theory, Regulation, and Connection. This is intended to create a supportive and nurturing environment for all our students. This approach acknowledges the connection between the brain and behaviour, and it aims to support healing and resilience.

Brain Theory is incorporated into the Setting Up for Success as we strongly believe that understanding the neuroscience behind behaviours can help educators and students have a greater understanding of what might be happening internally for dysregulated students.

Regulation is a critical component of Setting up for Success, focussing on helping individuals manage their emotions and behaviours. Techniques such as mindfulness, breathing exercises, and sensory activities are used to enhance self-regulation skills. These practices enable individuals to better cope with stress and anxiety, leading to improved emotional stability and overall wellbeing.

Connection is emphasised to build strong, supportive relationships. Positive connections with peers, staff, and community are vital for learning and growth. Our class encourages the development of social skills and empathy, fostering a sense of belonging and community.

Overall, our Setting Up for Success aims to create a holistic and inclusive educational environment that supports the mental, emotional, and social development of our students. Over the coming year, we hope to empower our young people to overcome challenges and thrive in their personal and educational journey.



WELCOME

We are excited to announce that Jemima Hanna has accepted the role of Out of School Hours Care/Vacation Care Director. We appreciate her willingness to undertake this position following on from Lisa Goldsworthy who has relocated interstate. For all things OSHC/Vacation Care, please contact Jemima on 0447 414 662.

Welcome Charlotte. Charlotte has joined our team of classroom support following on from completing Year 12 in 2024. Charlotte has a keen interest in Maths and Science which will provide excellent support to our young people in both Primary and Secondary years of schooling.

A very warm welcome to Greg Kain - Groundsperson. We look forward to working with you and appreciate the work that you have done so far in getting our grounds, classrooms and sheds prepared for our up and coming events.



GOVERNING COUNCIL

The Governing Council (GC) is a body that works collaboratively, to assist in the setting of policies and the direction for the School; determining the use of School finances and undertaking planning to identify and develop future opportunities, with two examples being resources and facilities. Thank you to all who attended last week's GC Annual General Meeting. It was very pleasing to see both new and some familiar faces expressing interest in being a part of the GC. We take this opportunity to thank the members of the 2024 GC for their time and contribution made to the School, and express a very warm welcome to the incoming GC members for 2025. The GC members: Kylie Lannigan (Chairperson), Rodney Virgo (District Council Delegate) Kelly Lampard, Mel Reed, Kylie Smith, Suzie Mitchell, Bec Kurzman, Michael Black, Sam Durcan, Lisa McGregor Loren Slaven and Jamima Hanna.

NAPLAN

The National Assessment Program - Literacy and Numeracy (**NAPLAN**) is planned to take place between Wednesday 12 March to Monday 24 March 2025. NAPLAN tests students' (Years 3, 5, 7 and 9) reading, writing and maths skills. An 'Information for Parents and Carers' flyer has been included with this Newsletter as an insert. If you do not receive this or you require further information, please contact the Front Office.

SCHOOL FEES

A reminder to parents/caregiver that School Fees are now due and payable. If you are experiencing difficulty with payment or have any queries, please contact Finance Officer, Mel Reed to discuss.

CANTEEN SPECIAL

The 'Special' Lunch order deal for Monday, 24 February 2025 is a **Whole Baked Potato with Bacon, Cheese & Sour Cream (\$4.00)** with your choice of **Coleslaw (\$1.00)** along with a **Blueberry Muffin (\$1.50)** and a **Chocolate or Strawberry Milk (\$2.50)**. Please place orders by Friday, 21 February 2025 to guarantee your deal. Support for the School canteen is very much appreciated, particularly on special lunch order days.