**ALLENDALE EAST AREA SCHOOL CANTEEN MENU TERMS** 2 & 3

(Updated March 2015)

**HOT FOODS**
- Chicken roll with gravy
- Chicken roll with mayo
- Chicken or Fish burger plain
- Chicken or Fish burger with mayo or sauce
- Chicken or Fish burger cheese lettuce & mayo
- Chicken or Fish burger with salad

(salad consists of lettuce, tomato, cucumber, red onion & cheese)

- Corn on the cob
- Fried rice (made fresh served in noodle box)
- Macaroni cheese (made fresh)
- Steamed Dim Sims
  - with soy sauce
- Nachos – (plain corn chips/sour cream)
  - (the lot corn chips/salsa/sour cream)
- Fish fingers
- 2 Sausages with mashed potato & gravy
- Fishes alive (4 fish fingers + potato gems)
- Chicken munchies attack (8 munchies + potato gems)
- Nugget Break (5 nuggets + potato gems)
- Dino snack attack (5 dino snacks + potato gems)

**Add 20c for sauce**
- Meatball sub
- Chicken chilli sub (lettuce, cheese & mayo)
- Cheese burger (meat, cheese & sauce)

**SOUP**
- Made fresh weekly. Weekly flavours advertised in newsletter
- Soup only
- Soup and bread roll or garlic bread
- Cup of soup (tomato cup a soup)

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**SANDWICHES (white or wholegrain)**
- Roast chicken, ham or tuna
- Roast chicken & salad
- Ham/Tuna & salad
- Cheese or tomato
- Salad (no meat)
- Vegemite
- Extra fillings 50¢ ea

(salad consists of lettuce, cucumber, carrot, beetroot, cheese, gherkin, salad onion and tomato)

**BREAD ROLLS (white or wholegrain)**
- Roast chicken & salad
- Ham/Tuna & salad
- Chicken lettuce & mayo
- Cheese or tomato
- Salad (no meat)

**PITA WRAPS**
- Roast chicken & salad

(salad consists of lettuce, cucumber, tomato, carrot, cheese & beetroot)

- Chicken chilli wrap with lettuce, cheese, mayo & chilli sauce
- Chicken chilli wrap & salad

(salad consists of lettuce, cucumber, tomato & cheese)

**SUSHI SANDWICH BITES**
- Tuna, lettuce, mayo, spring onion & celery
- Chicken and creamed corn
- Ham, lettuce, tomato & pickles
- Turkey, cranberry sauce & spinach
- Cheese & vegemite
- Mixed pack

Six pieces per pack

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**Finance canteen Menus menu 2&3.doc**
HOT DOGS
- In bread: $2.00
- In a roll: $2.20
- In a roll with cheese: $2.60

Plain | Sauce
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$2.00 | $2.20
$2.20 | $2.40
$2.60 | $2.80

PIZZAS
- Ham & pineapple singles: $2.50
- Cheese & bacon singles: $2.50
- Garlic Bread (hotdog roll size): $2.00

PASTA
- Penne pasta bolognaise: $4.00
- ½ serve penne pasta bolognaise: $3.00
- Lasagne (made fresh): $4.00
- Cup of noodles: $2.00
- Meatballs with spaghetti or rice: $3.50

POTATO DISHES
- Potato Bake (made fresh): $3.50
- Wedges (plain): $3.00
- Wedges with chilli sauce & sour cream: $3.70
- Baked potatoes with cheese only: $2.50
- Baked potatoes with shredded ham, cheese & sour cream: $3.00
- Baked potatoes with coleslaw, cheese & sour cream: $3.50
- Baked potatoes with shredded ham, cheese, pineapple, coleslaw and sour cream: $4.50

ASSORTED RECESS SPECIALS
- Potato cakes: $0.90
- Potato gems: $0.25
- Dim Sims: $0.80
- Chiko Rolls: $2.20
- Pinwheels: $0.50
- Hot cheesy with sauce: $1.20
- Hot cheesy with bacon & BBQ sauce: $1.30
- Assorted slices: $1.00

DRINKS
- Warm/hot milo: $1.50
- Flavoured milk small: $2.50
- Iced Tea: $3.60
- Assorted fruit boxes: $1.50

PASTRIES
- Pies: $3.50
- Pasties: $3.50
- Sausage rolls: $2.70
- Mini pies: $1.50
- Croissants with ham, cheese & tomato: $3.50
- Croissants with ham, cheese & pineapple: $3.50

ICEBLOCKS/ICECREAMS
- Mini Calypso: $0.80
- Icy Pole: $1.00
- Paddlepop: $1.50
- Frozen quelch: $0.80
- Frozen Strawberry Yoghurt (gluten free): $1.20

Our Menu is in line with the Rite Bite Policy